

You are what you think

The soul consists of the will, intellect (mind) and the emotions. If we allow any of these to determine who we are life, we are headed for trouble. The mind (intellect) is the control centre of the soul and if it does not line up with the WORD of GOD, the outcome can only be disaster.

Our thinking determines our destiny. If we do not take every thought captive, realigning it to GOD'S way of thinking, our destiny will be failure. It is only when we line our thinking up with GOD'S way of thinking –HIS WORD- that we can walk in continuous victory.

We are all the product of our thoughts. We are what we continually think.
Proverbs 23:7 "for as he thinks in his heart, so is he; ..."

The only way we can make a quality change in our lives is to change our mindset (our way of thinking). This new way of thinking has to reflect the WORD of GOD and HIS way of doing things. The WORD of GOD has to replace our fleshly reasoning.

Every word and every action begins with a thought. Right thinking is always the forerunner to right actions.

If we want our actions/words/decisions to change, we have to change our thinking.

There are two sources of thoughts – the LORD and satan. satan uses suggestions very powerfully to manipulate us into fulfilling his plan and strategies for our lives. he wants us to be consumed by worry and our thinking to be outside the WORD of GOD so that he can have free access to our lives.

We have to resist him and understand that we cannot allow him to gain a foothold in our thinking (or any other area of our lives)

Eph 4:27 ...neither give place to the devil.

It is not a sin to be tempted, it is a sin to accept and act on that temptation.

An empty mind/ a mind that has not been renewed with the WORD, will give place to the devil.

It is your thoughts that will determine your destiny. It will determine whether you fulfill satan or GOD'S plan for your life.

If you exalt your own thinking (reasoning) above the Truth in the written WORD of GOD you are opening yourself up to deception. You cannot place your opinion above the WORD of GOD. We need to understand that we do not know better than GOD and even if we do not see immediate fruit, if HIS WORD says it, we will see it in HIS time.

You need to take hold of your thoughts in order for your life to change. It is not thoughts that come from outside a person that defile him, but the thoughts that come from inside – the things on which your mind dwell.

Mar 7:14-23 And calling near all the crowd, HE said to them, Listen to ME, every one of you, and understand.

There is nothing from outside a man which entering into him can defile him. But the things which come out of him, those are the ones that defile the man.

And HE said to them, Are you also without understanding? Do you not perceive that whatever enters into the man from outside cannot defile him, because it does not enter into his heart, but into the belly, and goes out into the waste-bowl, purifying all food?

And HE said, That which comes out of the man is what defiles the man.

For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness:

All these evil things pass out from inside and defile the man.

If you continue to dwell on the past, you are giving it free reign to determine and control what your future will be. If you feed your mind with regrets, shame, guilt, hurt and pain it will remain your disposition for the rest of your life. It will not only have complete control over your present, but it will also ruin your future.

When you nourish your heart and mind with the WORD of GOD and HIS GODLY principles, your thoughts will identify it as truth and reality and you will be in right thinking.

Now, you will not accept the lies (of satan) as you will discern them instantly because they do not line up with (look the same as) your authentic (WORD based) thinking.

Carnal/wrong thinking does not look the same as the truths in GOD'S WORD.

You will find that you think/speak and do differently than the world or carnal Christians do. Your words, thoughts and deeds will reflect the faith-truth of the WORD of GOD.

Your actions will be a clear give-away of what you meditate on. If you are meditating on negative things, it will be very clear in what you do. E.g. if you do not understand and meditate on the WORD on sowing and reaping, you will always be making a plan to make ends meet.

Reality check: You can never decide that the WORD of GOD does not work. Take the WORD on sowing and reaping for example. Many sow faithfully for many years, when they do not see a harvest coming in fast enough they decide to give up and consume their seed for their own pleasure. They will receive a harvest of what had already been sown by then, but sadly they will probably think the increase/ promotion etc is of their own doing/earning.

The harvest will run dry at some point, because they have no seed in the ground to keep rendering a harvest.

Obedience to the WORD of GOD is something that you do until you see the positive outcome of what you are obedient to. You have to keep pressing in, waiting on the LORD until you see the manifestation of what you are trusting GOD for. How long is until – until simply means until...

It is this simple: If you sow your bread you will just end up with stale bread covered in soil. Worms and other insects will feast on it and it will render no harvest. If you eat your seed, you won't receive your harvest when you need it and your stomach will only be full for a while.

What then is seed and what is bread?

Seed = a tithing of your income and increase, your first fruit and offering is determined by how the HOLY SPIRIT leads you. NB these are GOD'S principles and must not be perverted or manipulated by man.

Bread = your income and increase less tithing.

GOD wants to develop your spirit to honour HIM by obeying HIS WORD in thought, word and deed. Now HIS WORD is your source and the place from where you make your decisions. Let GODLY thoughts determine your actions.

When you take your mind off of GOD you stumble and fall – when you set your mind on anything/anyone other than GOD your destiny is lack and failure. E.g. Adam and Eve moved their thinking away from GOD set it on satanic suggestion and their own carnal reasoning. This resulted in their failure. What seemed right in their thinking led to their destruction.

Everything in life begins with a thought – it is the seed of all things. I often think of this when I drive by big buildings. I think how that had to start by an idea in someone's mind long before the construction even started. Our thoughts are the precursor to the "buildings" we build in life – make sure that the result of your thoughts are worthy of being presented as a love-offering before the LORD.

It is possible to win the battle in your thinking every time without fail. Put off your old ways of thinking and fix your mind and affection on higher things.

Eph 4:22-24 For you ought to put off the old man (according to your way of living before) who is corrupt according to the deceitful lusts, and be renewed in the spirit of your mind.

And you should put on the new man, who according to GOD was created in righteousness and true holiness.

In the beginning it will take all the self-discipline you can muster, but soon enough GODLY thinking becomes your habitual truth. That authentic (WORD-based) thinking that becomes your only reality.

Col 3:2 Be mindful of things above, not on things on the earth.

Col 3:6-10 on account of which things' sake the wrath of GOD is coming on the sons of disobedience, among whom you also once walked, when you lived in these.

But now also put off all *these* things: anger, wrath, malice, blasphemy, shameful speech out of your mouth.

Do not lie to one another, having put off the old man with his deeds and having put on the new, having been renewed in knowledge according to *the* image of HIM who created him,

Rid yourself of fear – fear is a major doorway for satan in your mind.

2Ti 1:7 For GOD has not given us the spirit of fear, but of power and of love and of a sound mind.

The main purpose of fear is to remove our thoughts from GOD and HIS WORD. We are called to be perfect in love – this perfect love is a major weapon in our warfare against the enemy.

1Jn 4:18 There is no fear in love, but perfect love casts out fear, because fear has torment. HE who fears has not been perfected in love.

Put in all effort to develop a sound and disciplined mind. Focussed on GOD and HIS WORD this will result in right thinking. It does not matter if your thinking is different from those around you, if your thinking lines up with the WORD of GOD, HE will back you up in all you do in obedience to HIS WORD for HIS Name's sake.

An undisciplined mind causes your thoughts to wander, and is not stable.

2Ti 1:6-7 Therefore I remind you to inflame anew the gift of GOD, which is in you by the putting on of my hands.

For GOD has not given us the spirit of fear, but of power and of love and of a sound mind.

Jas 1:5-8 But if any of you lacks wisdom, let him ask of GOD, *who* gives to all liberally and with no reproach, and it shall be given to him.

But let him ask in faith, doubting nothing. For he who doubts is like a wave of *the* sea, driven by the wind and tossed.

For do not let that man think that he shall receive anything from the LORD; *he is* a double-minded man, not dependable in all his ways.

We need to focus on what we are doing. Live your life on purpose. Do not be a victim, you have a say in where your life is headed.

Ecc 5:1 Guard your steps when you go to the house of GOD, and be more ready to hear than to give the sacrifice of fools. For they do not know that they are doing evil.

A disciplined mind is not easily confused and led astray. Know where your heart is and lean only to it.

When you are singularly focused on GOD you can live a carefree life in perfect peace
Isa 26:3-4 YOU will keep *him* in perfect peace, whose mind *is* stayed on YOU; because he trusts in YOU.

Trust in JEHOVAH forever; for in the LORD JEHOVAH *is* everlasting strength.

Php 4:5-8 Let your moderation be known to all men. The LORD *is* at hand.

Do not be anxious about anything, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to GOD.

And the peace of GOD, which passes all understanding, shall keep your hearts and minds through CHRIST JESUS.

Finally, my brothers, whatever things are true, whatever things *are* honest, whatever *things are* right, whatever *things are* pure, whatever *things are* lovely, whatever *things are* of good report; if *there is* any virtue and if *there is* any praise, think on these things.

We need to be aggressive in casting down evil thinking with the WORD of GOD.

When your thoughts are negative – get the WORD on the matter and choose who you will believe.

Study, listen and speak the WORD continually on a daily basis. Your heart needs to know the truth on every matter in order to resist the lie.

The cares of the world will choke your harvest.

Mar 4:19 and the cares of this world, and the deceit of riches, and the lust about other things entering in, choke the WORD, and it becomes unfruitful.

If you are standing on the WORD and you hear the words “yes, but...” or “what

if...” you need to rebuke it and choose what lines up with GOD’S WORD according to HIS WORD.

Reasoning originates in the flesh. The flesh refers to a mindset that agrees with anything that opposes the WORD of GOD. We have to understand that the written WORD of GOD is not for selective acceptance. You cannot decide that one Scripture is for you and another not. You either accept all or nothing. We cannot sift the content to suit our own desires and purposes.

There is a difference between asking a legitimate Biblical question and questioning the WORD as a result of doubt and unbelief. We can never change the WORD to suit us, we have to change to suit the WORD (and GOD). When we choose to serve the LORD, we also choose to obey HIS WORD.

Walking in the SPIRIT versus walking in the flesh (soul) is in the way we think. Gal 5:16-24 I say, then, Walk in *the* SPIRIT and you shall not fulfill *the* lusts of *the* flesh.

For the flesh lusts against the SPIRIT, and the SPIRIT against the flesh. And these are contrary to one another; lest whatever you may will, these things you do.

But if you are led by *the* Spirit, you are not under law.

Now the works of the flesh are clearly revealed, which are: adultery, fornication, uncleanness, lustfulness, idolatry, sorcery, hatreds, fighting, jealousies, angers, rivalries, divisions, heresies, envying, murders, drunkenness, reveling, and things like these; of which I tell you before, as I also said before, that they who do such things shall not inherit the kingdom of God.

But the fruit of the Spirit is: love, joy, peace, long-suffering, kindness, goodness, faith, meekness, self-control; against such things there is no law.

But those belonging to Christ have crucified the flesh with *its* passions and lusts.

The difference between walking in the SPIRIT and walking in the flesh is your point of view. When you have GOD’S point of view, you are walking in the SPIRIT and when you have your own point of view, you are walking in the flesh. GOD’S point of view is obtained from HIS WORD. GOD’S point of view is HIS WORD. Man’s point of view are his own senses – whatever feels good goes.

It is easy to identify when you resort to reasoning – it always takes the form of a question that originates in doubt and unbelief.

Luk 5:20-23 And seeing their faith, HE said to him, Man, your sins are forgiven you. And the scribes and Pharisees began to reason, saying, Who is this who speaks blasphemies? Who can forgive sins, except GOD alone?

But knowing their thoughts, answering, JESUS said to them, Why do you reason in your hearts?

Which is easier, to say, Your sins are forgiven you; or to say, Rise up and walk?

When you question the WORD of GOD, you are really looking for an excuse not to change, not to repent and not to conform to GOD’S design for your life.

Mat 13:53-58 And it happened when JESUS finished these parables, HE departed from there.

And when HE had come into HIS own country, HE taught them in their synagogue,

so much so that they were astonished and said, From where does this *man have* this wisdom and these mighty works?

Is not this the carpenter's son? *Is* not his mother called Mary? And his brothers, James and Joses and Simon and Judas, and his sisters, are they not all with us? Then from where does this *man have* all these things?

And they were offended in HIM. But JESUS said to them, A prophet is not without honour, except in his own country and in his own house.

And HE did not do many mighty works there because of their unbelief.

People who practice reasoning will ultimately become offended (vs57).

JESUS calls questioning and reasoning “unbelief” (vs58).

e.g. when John the Baptist’s questions regarding JESUS’ true identity brought him into unbelief and offence.

Mat 11:2-6 But when John heard in the prison of the works of CHRIST, he sent two of his disciples.

And they said to HIM, Are YOU HE who should come, or do we look for another?

JESUS answered and said to them, Go and tell John again those things which you hear and see: the blind receive their sight, and the lame walk; the lepers are cleansed, and the deaf hear; the dead are raised, and the poor have the gospel proclaimed to them.

And blessed is *he*, whoever shall not be offended in ME.

John allowed his incarceration to cause him to lean to the flesh instead of the SPIRIT. He moved his focus onto his circumstances and when doing so he moved it away from the WORD and GOD’S solution for his circumstances. John leaned to the flesh instead of to the SPIRIT. His questions blocked his anointing and therefore also his blessing and subsequently led him down the path of destruction.

Paul and Silas leaned to the SPIRIT while they were incarcerated.

Act 16:26 And suddenly there was a great earthquake, so that the foundations of the prison were shaken. And immediately all the doors were opened and all the bonds were loosened.

When things happen in your life that you do not understand, don’t question GOD. Find out the WORD truth regarding the matter and stand in faith for the positive outcome. Allow thanksgiving, praise and worship to lead you out. You must use your mouth to enforce your victory, not your defeat. Your deliverance will lead others to salvation.

There are four areas that will hinder you from seeing things from GOD’S point of view.

1. Your current circumstances.

When your circumstances cause you to say things like “I don’t see how it’s going to happen...” Guard your mouth, it has the power to lead you into the flesh.

Walking in the SPIRIT says, “I see what I believe.”

Whatever you believe GOD for is already done.

Isa 46:9-10 Remember former things from forever; for I *am* GOD, and no other *is* GOD, even none like ME, declaring the end from the beginning, and from the past things which were not done, saying, MY purpose shall stand, and I will do all MY pleasure;

2. Your previous experiences.

Don't allow them to limit your receiving what GOD can do for you right now. Your past mistakes do not have to prevent you from laying hold of your future increase.

We can speculate why things did not work in the past, but you must determine that if things do not work out now it is not going to be because you did not believe.

3. Other people's experiences.

Acting on the experiences of others will limit you in receiving what GOD has prepared for you as an individual.

When their experiences become your focus and expectation, you are walking in the flesh.

4. Negative or limiting words.

If you are trusting GOD for some specific breakthroughs be careful not to share with people who are limited by carnal thinking and negative speaking.

Ignore negative words from others. They are not standing in faith with you and are therefore not lining up to the WORD of GOD. In fact they are enemies of GOD'S WORD Truth.

The ultimate goal of the flesh is to get you to quit. When you overcome the negative words spoken over your life, real promotion has taken place.

People often want to enforce their doubt onto you. This is very selfish and one can only hope they are doing so in ignorance and not with understanding that they are actually undermining the WORD of GOD in your life.

We have to renew our thinking to line up with the WORD of GOD. You cannot think in line with the world and receive your expectations from the WORD.

You cannot entertain thoughts of defeat – according to Proverbs 23:7 you are what you think.

Avoid becoming offended with GOD, WHO is your only help in the time of trouble. Do a self-check. Are there some areas in which you took offence and are now neglecting to be obedient to? If so, repent and obey the WORD regarding the matter.

You cannot live your life running, chasing from the one spiritual high to the next spiritual high. Your relationship with the LORD has to be part of your daily life, HIS WORD has to become your only reality. Simply steadfast obedience will provide you with the secure place you are longing for. Nothing needs to catch you off guard, because in this place, GOD is in control and your safety is HIS responsibility.

If you would like a friend or family member to receive teachings from Yattiy Christian Interdenominational Ministry please send your request and their email address to ycim@iburst.co.za

Some have felt led by the HOLY SPIRIT to sow into Yattiy Christian Interdenominational Ministry. Our banking details follows. Please read the following carefully before doing so:

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Should you prefer to sow anonymously, you are welcome to do so. When making use of the bank deposit option, please state as your reference the Scripture you are standing on for your harvest. As this will reflect on our bank statement, we will stand in agreement with you, trusting the LORD for your bountiful harvest. Should you not have a specific Scripture, we will seek the LORD'S face and pray a blessing over you.

Please understand that the main purpose of sowing is for the increase of the sower. It is very important that you hear from GOD as to where you should sow. Never sow due to emotions or manipulation of any kind.

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